

## PRODUCT CARE



Hand wash with mild detergent and water below 30°C without wringing.



Dry in shade on a flat surface.



Do not dry-clean.



Do not Iron.



Do not bleach.



Close hook loop fasteners before washing.

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ISO 9001 | CRISIL | W.H.O. G.M.P. | ISO 13485 | CE | US FDA registered

UM-146-14-1

# tynor

Back Rest

बैक रेस्ट

Reposa Espalda

راحة الظهر

REF | 46



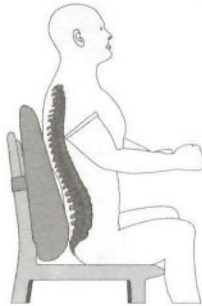
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USER MANUAL

## How To Use Cómo Utilizar



## कैसे उपयोग करें كيفية الاستخدام



Place the "Back Rest" against the seat, Hold it firmly by the help of holding straps. Sit, with your back resting against the product, so that the spinal curves match with curvature of the "Back Rest".

### English

बैक रेस्ट को सीट के साथ रखें, इसे मजबूती से पकड़कर रखें और इसके स्ट्रैप्स को बांधें। अपनी पीठ को उत्पाद पर टिका दीजिये जिससे आपके मेरुदण्ड का आकार बैक रेस्ट के साथ मिलान पा सके।

### Hindi

Poner el "reposa espalda" contra el asiento, sujetarlo firmemente con ayuda de correas. Sentarse, con la espalda apoyada contra el producto, de modo que las curvas de la columna correspondan con la curvatura del "reposa espaldas".

### Spanish

ضع "راحة الظهر" ضد المقعد، أثبتها بإحكام بواسطة الأحزمة القابضة. اجلس مع ظهرك في وضعية مستريحة ضد المنتج، حتى تكون نفوسات العمود الفقري متناسبة مع نفوس "راحة الظهر".

### Arabic

## Back Rest

### English

Back Rest is a light weight and portable support, which maintains the spine in its neutral position. It is not worn but placed on car seat, chair, bed or floor etc.

### CONSTRUCTION:

Made out of high density Poly urethane foam, covered with a plush fabric. The shape conforms to the profile of human back, maintaining the natural curvature of the spine. Elasticized holding straps at the back help in fixing the Back rest to the seat.

### APPLICATIONS:

- Rehabilitation of the patients with disc disease
- Weakened spine due to tuberculosis, osteoporosis or arthritis
- Post operative, post fracture care of the spine
- Pain and stress due to poor posture, postural deformity of the spine
- Discomfort and fatigue during long hours of sitting or traveling, particularly for non bucket seats and rear rider seats
- Prevents jerks to the back on bumpy roads

### RECOMMENDATION:

Match the curves of your spine to the curvature of the product for optimal effectiveness

### INSTRUCTIONS:

- Use this product freely during sitting as a prophylactic aid
- Take guidance of a qualified doctor in case it is being used as a therapeutic aid.
- Discontinue use and seek guidance of a qualified doctor, in case of
  - Impaired sensation
  - Impaired blood flow
  - Allergy rash or itching
  - Pain increases or persists
- Consult your doctor in case of concurrent use with another medical device
- Misuse or improper use of the device can lead to adverse effects and decreased effectiveness.
- Follow instructions mentioned on the box carefully.